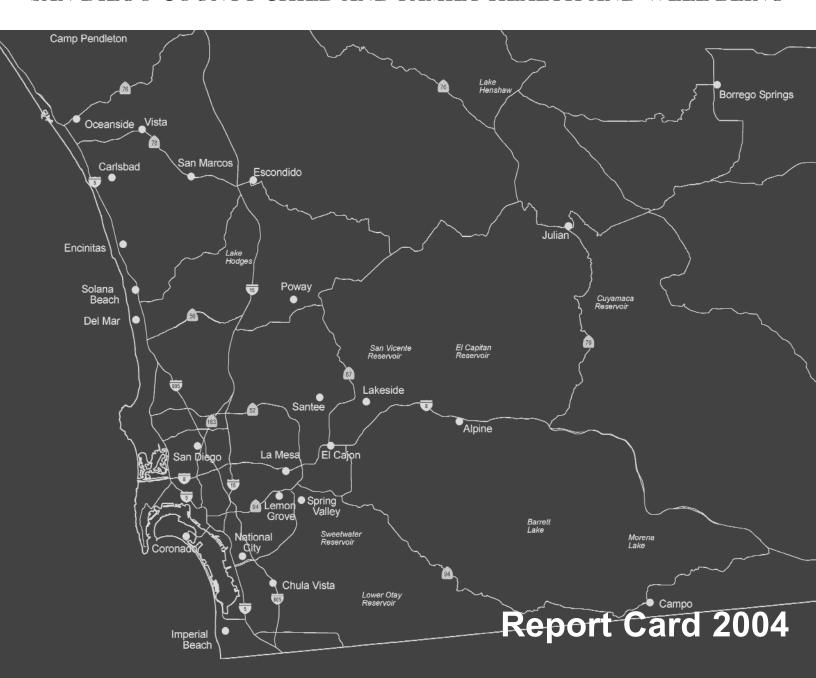


## SAN DIEGO COUNTY CHILD AND FAMILY HEALTH AND WELL-BEING



## San Diego County Child and Family Health & Well-Being Report Card 2004



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## **EXECUTIVE SUMMARY**

The 2004 San Diego County Child and Family Health & Well-Being Report Card is the sixth in an annual series of reports that provides a snapshot of the overall health and well-being of San Diego's children and families. The Report Card is a powerful information and monitoring tool that can be used by policymakers, advocacy organizations, community members and service providers to inform discussions about issues related to the children and families in our community.

In 1998, the County Board of Supervisors initiated the Report Card in order to monitor the health and well-being of children and their families in San Diego County. <sup>1</sup> It is intended that the Report Card's data be used in decision-making processes, including resource allocation decisions, so that efforts to help improve the health and well-being of children are effectively leveraged across public, non-profit and private sectors. In doing this, progress on behalf of children can be achieved and sustained.

The Report Card consists of 30 measures that monitor the overall health and well-being of children and families and are organized around five outcomes:

- Economic Security
- Good Health
- Appropriate Access to Services
- A Safe Environment
- Educational Achievement

A description of the data source, how each measure is calculated, and why it is an important gauge of the overall health and well-being of San Diego County's children and families is included. However, it is beyond the scope of the Report Card to provide a detailed analysis of the multiple factors that influence the trends for each measure.

For the 2004 edition, two previous measures -- High School Dropouts and Stanford-9 Reading Scores -- have been revised to Graduation Rate of High School Seniors and Student Scores on the English Language Arts Test to better align these measures with similar measures commonly used to assess Educational Achievement.

#### RESULTS

The following measures show overall improvement over the most recent 3- to 5-year period.

- CalWORKs Assistance
- Births to Teens (Ages 15-17)
- Youth Who Reported Cigarette Use
- Youth Who Reported Alcohol Use
- Immunizations in Young Children (CDC Survey)\*
- Child Abuse/Neglect
- Youth Offenders
- Violent Crime Victimization (Ages 0-11\* and 12-17)
- Unintentional Injury Hospitalizations and Deaths of Children and Youth\*
- Motor Vehicle Injury and Death Due to Alcohol (Ages 0-15) \*
- School Attendance
- Graduation Rate for High School Seniors

The following measures are areas of concern because the trend has been in a negative direction.

- Unemployment
- Youth Who Reported Attempting Suicide\*\*
- Youth Hospitalized for Self-Inflicted, Non-fatal Injuries (Ages 13-18)\*\*
- High School Seniors Taking the SAT

For many measures, the trend has been holding steady and there is little or no indication of change.

- Children in Poverty
- Babies with Low Birth Weight
- Youth Who Reported Marijuana Use
- Access To Childcare
- Immunizations in Young Children (HHSA survey)
- Health Insurance for Children and Youth (United Way survey)
- Reports of Domestic Violence
- Motor Vehicle Injury and Death Due to Alcohol (Ages 16-20)

The following measures are new or revised, so it is too early to determine if there is improvement or not.

- Oral Health (Dental Care Services for Cavity and/or Emergency Treatment)
- Health Insurance for Children and Youth (California Health Interview Survey)
- Student Scores on the English Language Arts Test (Grades 3, 8 and 11)
- \* Measure shows "notable" improvement (greater than 5%), but the trend is not statistically significant.
- \*\* Measure is "notably" worse (greater than 5%), but the trend is not statistically significant.



## INTRODUCTION

## UNDERSTANDING THIS REPORT CARD

In order to effectively use this Report Card, it is important to understand what is being reported. The following provides background information to help.

The Report Card is a compilation of existing information obtained from a wide variety of sources, including County, State, and federal government agencies, academic institutions as well as advocacy and charitable organizations.

Please note that some Report Card measures have been modified from previous Report Cards to reflect input from stakeholders and expert advisors in order to better represent the true underlying level of health and well-being in our County. In some cases, data sources have been changed to reflect improvements in the data collection systems. Previous editions of the Report Card are available on the County's web site at www.sdcountyreportcard.org.

It is important to keep in mind that although the best available data were used, all data have limitations. Small changes in procedures and practices made by organizations that collect and record the data, conduct surveys, and make population estimates each have an effect on the validity and reliability of the data and our reported results. These changes are noted to the extent known. Also, increased media attention - such as a high-profile domestic violence case - could potentially cause an increase in the number of reported cases although there was not a change in the true underlying level of domestic violence in the County. It is beyond the scope of this Report Card to analyze the multiple factors that influence the trends for each measure.

Most of the data are in the form of rates. A percent is also a type of rate. A rate is a measure of some outcome or condition per certain number of a population, during a specific time period. Using a rate allows the reader to compare across time, geo-

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graphic areas and different groups while adjusting for differences in population sizes. The actual or estimated raw numbers of the events or conditions for the current San Diego County data are also provided.

San Diego County rates are displayed in charts. These data are also provided in Summary Table I (see pages 9-10). When possible, these charts contain up to 10 years of data. However, some sources make available fewer than 10 years of data or have only recently begun to publish annual data. When it is noted that a measure increased or decreased "significantly" over time, it is because the change can be considered statistically significant.

When available, state and/or national comparison data for the most current year are presented to help the reader understand how San Diego County is doing in comparison to California and/or the nation. These comparisons are also displayed in Summary Table II (see pages 11-12).

Graphs are used to display measures by race/ethnicity. The availability of race/ethnicity data determined when this comparison could be made. The race/ethnicity categories used in the Report Card reflect how the source of the data chose to present or collect the data, and categories used vary by measure.

When data are available to allow comparisons across the different Health and Human Services Agency geographic service regions, regional rates and maps are provided. Geographic analyses were performed as multi-year averages, which explains why the overall County rates that appear in the maps often do not match the County rate in the trend charts.

The San Diego County and sub-regional population estimates for 2000-2003 used in this Report Card have been revised to reflect the results of the 2000 Census. Rates for these years may differ slightly from the results that appeared in previous editions of the Report Card. In general, the population estimates

INTRODUCTION Report Card 2004

based on the 2000 Census were lower than those previously forecast and, consequently, rates derived from Census 2000 populations are usually higher than would be the case using the old numbers. The overall trends were not affected. Population estimates used to calculate rates for the 1990's were not revised to reflect the results of the 2000 Census unless specifically noted.

## BACKGROUND ABOUT SAN DIEGO COUNTY, CALIFORNIA, AND THE NATION

## **Population**

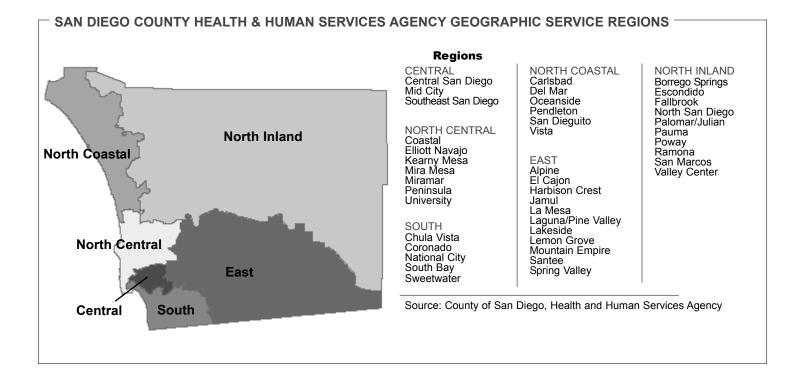
San Diego County is the third most populated county in California and the sixth most populated county in the United States. The State of California is the most populated state in the nation. The 2003 estimated population of San Diego County was more than 2.9 million with approximately 742,584 people (25.1%) under age 18. Within the entire State of California there were an estimated 35 million people. Over 9.4 million (26.5%) of these people were under age 18. In the nation, the total population was estimated at over 290 million, of which approximately 73 million (25%) were under age 18.

## Race/Ethnicity

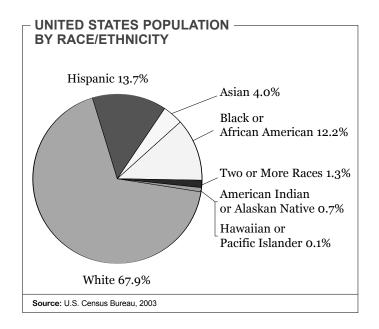
The estimated race/ethnic composition of San Diego County, California and the Nation in 2003 can be viewed in the charts on the next page. The race/ethnicity composition under 18 years of age is also provided.

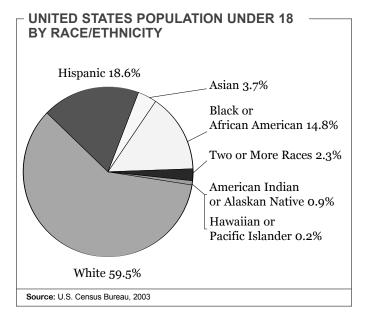
### **Geographic Boundaries**

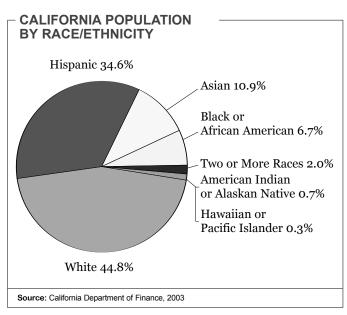
The Health and Human Services Agency has divided the County of San Diego into six geographic service regions as shown in the map below. These six areas are based on groupings of ZIP codes. The communities listed under each region fall approximately within the listed region.

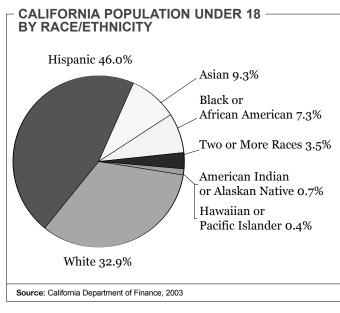


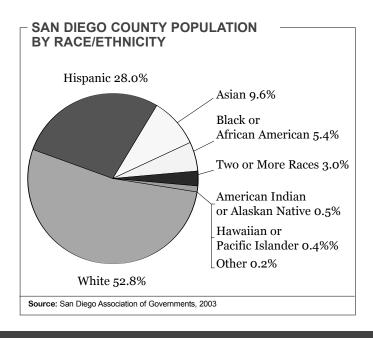
Report Card 2004 INTRODUCTION 7

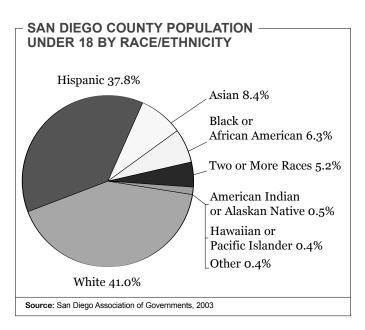












## REPORT CARD SUMMARY TABLE I ANNUAL COMPARISONS

Economic Security	1995	1996	1997	1998	1999	2000	2001	2002	2003
· Percent unemployed	6.4	5.3	4.2	3.5	3.1	3.0	3.2	4.3	4.3
· Percent of children and youth living in poverty	22.7		22.0	20.2	18.2	16.3	14.8**	17.5	16.5
· Rate of children and youth receiving CalWORKs assistance (per 1,000)¢	193.3	185.7	168.7	139.3	112.2	91.5	80.6	74.5	71.9
Good Health									
· Percent of babies with low birthweight	5.6	5.8	5.8	6.0	5.9	6.0	6.0	6.1	6.1
· Rate of births to teens (per 1,000 girls ages 15-17)	33.8	34.6	29.1	27.9	27.1	24.3	21.7	20.0	18.9
- Percent of youth who reported they attempted suicide in the previous 12 months $(YRBS \ survey)^{Y}$	10.0		9.5		9.2		10.5		10.9
Rate of youth (ages 13-18) hospitalized for self-inflicted non-fatal injuries (per 10,000)	7.9	8.6	7.6	8.2	8.2	9.9	11.4	9.5	
Percent of youth who reported substance use in past 30 days (CHKS survey)**  cigarette use alcohol use marijuana use  Percent of households with a child (ages 1-18) that					15.5 33.2 13.5		11.4 27.4 12.6	27.4	11.4 28.9 13.4 37.3
used dental care services for cavity and/or emergency treatment in the past 12 months									
Appropriate Access to Services									
Percent of households with children (ages 0-12) that reported adequate access to childcare					76.2	70.1	70.9	69.1	75.5
· Percent of young children who are adequately	68.9 <sup>†</sup>	$73.6^{^{\dagger}}$	79.6 <sup>†</sup>	77.1 <sup>†</sup>	87.0 <sup>†</sup>		no survey	l -	88.9 <sup>†</sup>
immunized (19-36 months)  Percent of children and youth with health insurance	74.80	75.7°	79.00	79.5°	76.6° 85.9≗	77.5° 88.8≏	80.8° 88.5 <sup>□</sup> 88.7°	79.0° 85.4°	83.1° 88.5°
A Safe Environment									
Rate of substantiated cases of child abuse/neglect (per 1,000)				18.0	17.5	16.4*	16.1	15.0	13.8
· Rate of domestic violence reports (per 1,000 households)		27.6	25.0	21.3	20.6	20.5	20.5	20.9	20.6
· Rate of court cases filed against youth offenders (per 1,000 ages 10-17)	23.1	22.5	23.2	23.0	21.4	18.5	18.4	18.7	15.2

**Note:** Children and Youth are ages 0-17 unless otherwise noted.

- ¢ Fiscal or school year
- Y Surveyed high school students in San Diego Unified School District only data available biennially (Youth Risk Behavior Survey)
- \*\* Surveyed 7<sup>th</sup>, 9<sup>th</sup> and 11<sup>th</sup> graders in 33 of 42 school districts in San Diego County - data available biennially (California Healthy Kids Survey)
- ☐ California Health Interview Survey reported by UCLA
- $\underline{\underline{\Omega}}$  United Way of San Diego County
- † HHSA Survey
- O CDC Survey
- \* Change in definition from previous years
- \* Change in source for 2001-2003

## REPORT CARD SUMMARY TABLE I ANNUAL COMPARISONS, CONT.

A Safe Environment, cont.	1995	1996	1997	1998	1999	2000	2001	2002	2003
<ul> <li>Rates of violent crime victimization of children and youth (per 10,000)</li> </ul>									
- ages 0-11					7.8	9.0	7.0	5.9	6.8
- ages 12-17					85.3	72.9	71.3	67.1	63.4
· Rates of unintentional injury hospitalizations and deaths of children and youth (per 100,000 ages 0-18)	379.2	348.8	344.7	342.3	341.6	355.6	314.7	318.5	
· Rate of children and youth injured or killed in alcohol-related motor vehicle crashes (per 100,000)									
- ages 0-15		26.5	24.7	27.2	22.4	28.8	22.7	22.7	
- ages 16-20		263.9	225.9	235.2	246.3	234.2	255.2	231.3	

Educational Achievement									
Percent of students attending school per day (K-12) <sup>¢</sup>		93.4	93.7	93.9	94.5	94.1	93.8	94.5	94.9
· Rate of high school seniors who graduate annually ¢	82.9	82.9	84.4	85.2	87.0	87.3	89.0	89.4	89.5
· Percent of students scoring proficient or advanced on the Engligh Language Arts test of the California Standards Tests <sup>e</sup>									
- grade 3								39.0	37.0
- grade 8								36.0	37.0
- grade 11								36.0	36.0
<ul> <li>Percent of seniors who have taken the SAT (college entrance test)<sup>e</sup></li> </ul>	42.8	44.1	43.3	43.8	43.5	41.6	41.5	41.4	41.0

Note: Children and Youth are ages 0-17 unless otherwise noted.

¢ Fiscal or school year

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SUMMARY TABLE I Report Card 2004

## REPORT CARD SUMMARY TABLE II COMPARISONS OF THE COUNTY, STATE, AND NATION

MEASURE	San Diego County	California	U.S.	Year of Data
Economic Security				
· Percent unemployed	4.3	6.7	6.0	2003
· Percent of children and youth living in poverty*	16.5	19.0	17.3	2003
· Rate of children and youth receiving CalWORKs assistance (per 1,000) <sup>¢</sup>	71.9	93.5	NA	2002/03
Good Health				
· Percent of babies with low birthweight	6.1	6.4	7.8	2002
· Rate of births to teens (per 1,000 girls ages 15-17)	20.0	22.9	23.2	2002
· Percent of youth who reported they attempted suicide in previous 12 months (YRBS survey) <sup>¥</sup>	10.9	NA	8.5	2003
<ul> <li>Rate of youth (ages 13-18) hospitalized for self- inflicted non-fatal injuries (per 10,000)</li> </ul>	9.5	9.1	NA	2002
<ul> <li>Percent of youth who reported substance use in past 30 days (CHKS survey)**</li> <li>cigarette use</li> <li>alcohol use</li> <li>marijuana use</li> <li>Percent of households with a child (ages 1-18) that used dental care services for cavity</li> </ul>	11.4 28.9 13.4 37.3	NA NA NA NA	NA NA NA	2003
and/or emergency treatment in the past 12 months  Appropriate Access to Services				
Percent of households with children (ages 0-12) that reported adequate access to childcare	75.5	NA	NA	2003
Percent of young children who are adequately immunized (ages 19 up to 36 months)	$88.9^{^{\dagger}} \\ 83.1^{^{\bigcirc}}$	NA 81.2 <sup>°</sup>	NA 82.2 <sup>°</sup>	2003 2003
Percent of children and youth with health insurance	88.5 <sup>□</sup> NA <sup><u>a</u></sup>	90.4 <sup>□</sup> NA≏	NA NA≏	2001
A Safe Environment				
· Rate of substantiated cases of child abuse/neglect (per 1,000)	13.8	11.5	NA	2003
Rate of domestic violence reports (per 1,000 households)	20.6	NA	NA	2003
· Rate of court cases filed against youth offenders (per 1,000 ages 10-17)	15.2	NA	NA	2003

**Note:** Children and Youth are ages 0-17 unless otherwise noted.

- ¢ Fiscal or school year
- ¥ Surveyed high school students in San Diego Unified School District only data available biennially (Youth Risk Behavior Survey)
- Surveyed 7<sup>th</sup>, 9<sup>th</sup> and 11<sup>th</sup> graders in 33 of 42 school districts in San Diego County data available biennially (California Healthy Kids Survey)
- ☐ California Health Interview Survey reported by UCLA
- $\underline{\hat{\Gamma}}$  United Way of San Diego County
- † HHSA Survey
- O CDC Survey
- \* U.S. Census Bureau, American Community Survey

## REPORT CARD SUMMARY TABLE II COMPARISONS OF THE COUNTY, THE STATE, AND THE NATION, CONT.

MEASURE	San Diego County	California	U.S.	Year of Data
A Safe Environment, cont.				
Rates of violent crime victimization of children and youth (per 10,000)				
- ages 0-11	6.8	NA	NA	2003
- ages 12-17	63.4	NA	NA	2003
<ul> <li>Rates of unintentional injury hospitalizations and deaths of children and youth (per 100,000 ages 0-18)</li> </ul>	318.5	277.7	NA	2002
Rate of children and youth injured or killed in alcohol-related motor vehicle crashes				
- ages 0-15	22.7	25.3	NA	2002
- ages 16-20	231.3	216.5	NA	2002

Educational Achievement				
$\cdot$ Percent of students attending school per day (K-12) $^{\circ}$	94.9	NA	NA	2002/03
· Rate of high school seniors who graduate annually	89.5	86.6	NA	2002/03
(grades 9-12) <sup>¢</sup>				
· Percents of students scoring proficient or above on				
the English Language Arts test of the California				
Standards Tests <sup>¢</sup>				
- grade 3	37	30	NA	2003/04
- grade 8	37	33	NA	2003/04
- grade 11	36	32	NA	2003/04
Percent of seniors who have taken the SAT (college entrance test) <sup>e</sup>	41.0	36.7	NA	2002/03

Note: Children and Youth are ages 0-17 unless otherwise noted.

¢ Fiscal or school year





## **ECONOMIC SECURITY**

Economic security is a key determinant of a family's health and well-being. It helps determine a family's ability to secure adequate food, housing, health care, child care, and transportation.

## The three measures of Economic Security used in the Report Card are:

- 1. Percent Unemployed
- 2. Percent of Children and Youth Living in Poverty
- **3.** Rate of Children and Youth Receiving CalWORKs Assistance

## 1. Percent Unemployed

Why is the percent unemployed important?

The economic security of a family depends not just on the circumstances of the family but also on the employment oppor-

tunities available in the broader community; the unemployment rate helps to gauge this opportunity. This measure represents the annual average of the percent of the civilian labor force each month that has been looking for but unable to find employment.

## San Diego Rate & Number

In 2003, 4.3% of the civilian labor force was unemployed. This was an estimated 63,100 people.

## San Diego County Measure by Race/Ethnicity

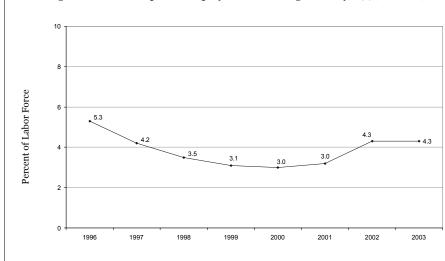
No race/ethnicity data were available for 2003.

## San Diego County Measure by Region

No geographic data were available for 2003.

### SAN DIEGO COUNTY MEASURE BY TREND

Average Percent of People Unemployed in San Diego County, 1995 to 2003



Unemployment Rates Decreased Significantly from 1996 to 2000, but Increased Significantly Since then

## 2003 COMPARISON DATA

San Diego County 4.3%
California 6.7%
United States 6.0%

Source: California Employment Development Department, Labor Market Information Division; United States Department of Labor, Bureau of Labor Statistics.

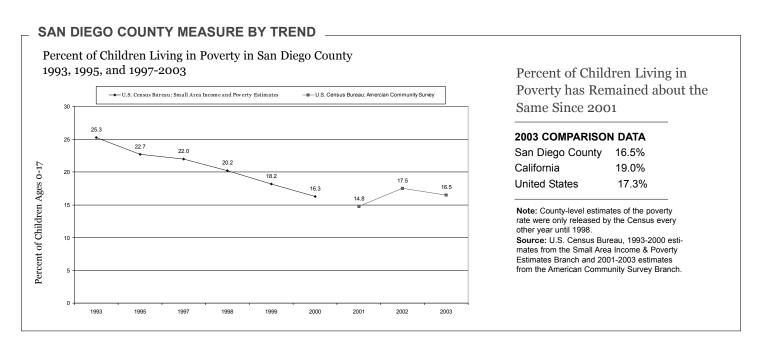
# **2.** Percent of Children and Youth Living in Poverty Why is the percent of children and youth living in poverty important?

Children and youth living in poverty are vulnerable to "problems regarding their health, emotional well-being, school readiness and achievement and their employability as adults." Poverty correlates with parents not being married, having lower levels of education and being younger parents.<sup>2</sup> In 2002, 25%

of all births in San Diego County were to unmarried women and 22% were to mothers who had not completed high school. The Federal poverty level was defined as income below \$14,480 for a family of two adults and one child in the year 2002.

## San Diego County Rate & Number

It is estimated that 16.5% of children and youth ages 0-17 were living in poverty in 2003. This was an estimated 123,017 children and youth.



## San Diego County Measure by Race/Ethnicity

No race/ethnicity data were available.

## San Diego County Measure by Region

No geographic data were available.

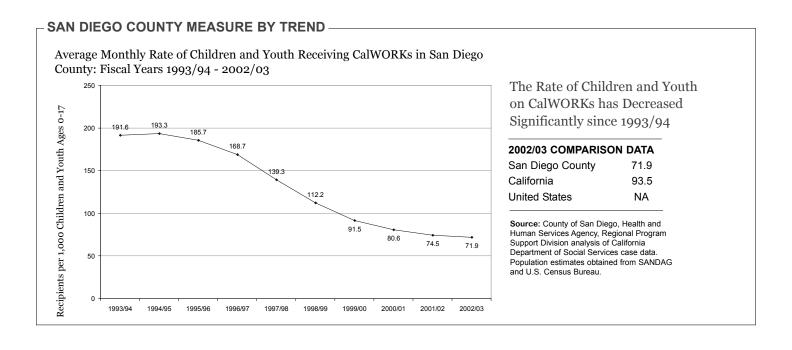
## 3. Rate of Children and Youth Receiving CalWORKs Assistance

Why is the CalWORKs assistance rate important?

CalWORKs is California's welfare-to-work program. The CalWORKs program is designed to transition people from welfare to work. It provides temporary cash assistance to eligible families with minor children to help pay for housing, food and other necessary expenses. The goal of CalWORKs is to help recipients become more self-sufficient by increasing their ability and incentive to work and earn income.

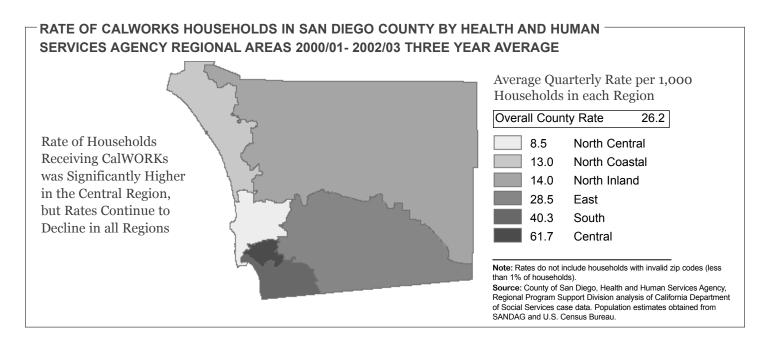
## San Diego County Rate & Number

In fiscal year 2002/03, the rate of children and youth ages 0-17 receiving CalWORKS assistance was 71.9 per 1,000 children and youth ages 0-17. This was 53,421 children and youth.



## San Diego County Measure by Race/Ethnicity

No race/ethnicity data were available. Data on the race/ethnicity of children and youth receiving CalWORKS are not collected.





## **GOOD HEALTH**

The good health of San Diego County's children and families is one of its most important assets. In communities, health is a product of many factors and many segments of the community can contribute to and share responsibility for its protection and improvement.<sup>3</sup>

## The five measures of Good Health used in the Report Card are:

- 1. Percent of Babies with Low Birth Weight
- 2. Rate of Births to Teens
- 3. Rate of Suicide Attempts
  - Percent of Youth Who Reported Attempting Suicide
  - Rate of Youth Hospitalized for Self-Inflicted Non-Fatal Injuries
- **4.** Percents of Youth Who Reported Substance Use (cigarette, alcohol, and marijuana use)
- 5. Percent of Surveyed Households with a Child (ages 1 18) in which Cavities and/or Emergency Treatment were Main Reasons for Having Dental Care

## 1. Percent of Babies with Low Birth Weight

Why is the percent of babies born with low birthweight important?

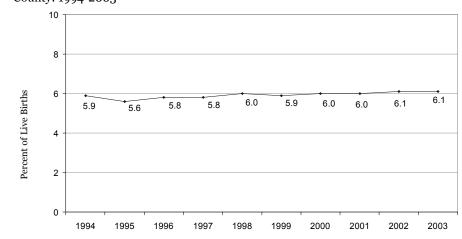
Babies born weighing less than 5 1/2 pounds (2,500 grams) are considered low birth weight. Related to being born prematurely (less than 37 weeks gestation), low birth weight is considered an important national and community health status indicator. Low birth weight is associated with long-term disabilities, such as cerebral palsy, autism, mental retardation, vision and hearing impairments, and other developmental disabilities. Although many of the causes of low birth weight and prematurity are unknown, low birth weight is known to correlate with the use of tobacco, drugs and alcohol by pregnant women.

## San Diego County Percent and Number

The percent of babies with low birth weight in 2003 was 6.1%; the number of low birth weight births was 2,782.

## SAN DIEGO COUNTY MEASURE BY TREND

Percent of Babies Born with Low Birth Weight (<2,500 grams) in San Diego County: 1994-2003



Rate of Low Birth Weight Births has Stayed about the Same

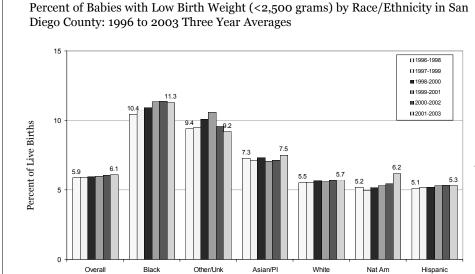
## 2002 COMPARISON DATA

San Diego County 6.1%
California 6.4%
United States 7.8%

**Note:** State and National comparison data not available for 2003.

Source: County of San Diego, Health and Human Services Agency, Public Health Services, Maternal, Child and Family Health Services analysis of data provided by the State of California, Department of Health Services, Center for Health Statistics, Vital Statistics Tables and Birth Statistical Master Files. National Center for Health Statistics.

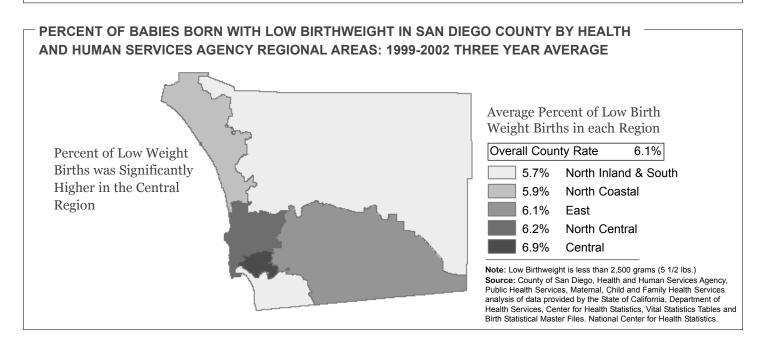
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SAN DIEGO COUNTY MEASURE BY RACE/ETHNICITY

Percent of Low Birth Weight Births was Significantly Higher for Blacks and Increased Notably for Native Americans

Source: County of San Diego, Health and Human Services Agency, Public Health Services, Maternal, Child and Family Health Services analysis of data provided by the State of California, Department of Health Services, Center for Health Statistics, Vital Statistics Tables and Birth Statistical Master Files. National Center for Health Statistics.



### 2. Rate of Teen Births

Why is the rate of teen births important?

Early childbearing has consequences for both the mother and child. Teenage parents and their children often face a lifetime of disadvantages, such as poverty, lower education levels and poorer health.<sup>4</sup>

Teenage pregnancy correlates with teens: 1) who do poorly in school and/or use alcohol or drugs; 2) whose parents have low

levels of education, are poor, are not married and were teen parents themselves; and 3) who live in low income communities where people move frequently.<sup>5</sup>

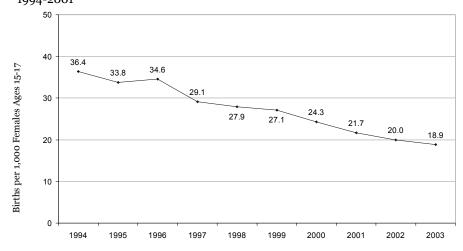
## San Diego County Rate & Number

The rate of births to teens ages 15-17 in 2003 was 18.9 per 1,000 girls. This was 1,131 births.

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### SAN DIEGO COUNTY MEASURE BY TREND

Rate of Births to Teens (Age 15-17) in San Diego County: 1994-2001



Teen Birth Rate has Decreased Significantly

## 2002 COMPARISON DATA

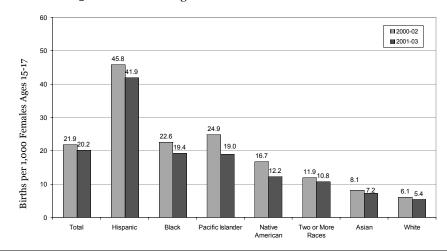
San Diego County 20.0 California 22.9 United States 23.2

Note: State and National comparison data were not available for 2003.

Source: County of San Diego, Health and Human Services Agency, Public Health Services, Maternal, Child and Family Health Services analysis of data provided by the State of California, Department of Health Services, Center for Health Statistics, Vital Statistics Tables and Birth Statistical Master Files.

## SAN DIEGO COUNTY MEASURE BY RACE/ETHNICITY

Rate of Births to Teens (Age 15-17) by Race/Ethnicity in San Diego County: 2000-2003 Three Year Averages



Hispanic Teens Continue to Have a Significantly Higher Rate of Births

**Note:** Rates from the 1990s are not presented because the categories for population estimates by race/ethnicity changed beginning in 2000.

Source: County of San Diego, Health and Human Services Agency, Public Health Services, Maternal, Child and Family Health Services analysis of data provided by the State of California, Department of Health Services, Center for Health Statistics, Vital Statistics Tables and Birth Statistical Master Files. National Center for Health Statistics.

## RATE OF BIRTHS TO TEENS AGES 15-17 IN SAN DIEGO COUNTY BY HEALTH AND HUMAN SERVICES AGENCY REGIONAL AREAS: 1999-2001 THREE YEAR AVERAGE



Average Rate of Births to Teens per 1,000 Teen Girls Ages 15-17 in Each Region

Over	all Cour	nty Rate 20.	2
	7.9	North Central	
	15.1	East	
	15.7	North Inland	
	19.0	North Coastal	
	25.6	South	
	36.1	Central	

Note: Rates do not include births with invalid zip codes (less than 1% of hirths)

Source: County of San Diego, Health and Human Services Agency, Public Health Services, Maternal, Child and Family Health Services analysis of data provided by the State of California, Department of Health Services, Center for Health Statistics, Vital Statistics Tables and Birth Statistical Master Files. National Center for Health Statistics.

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## 3. Rates of Youth Suicide Attempts

- Percent of Surveyed San Diego Unified Students Who Reported They Attempted Suicide in the Past Year
- Rate of Youth Hospitalized for Self-Inflicted Non-Fatal Injuries

Why is attempted suicide important?

Adolescence is one of the most challenging times of a person's life. It is the time of physical, mental and social transition from childhood to adulthood. Emotional and mental health issues are common during this time of tremendous change, which is reflected at one extreme by the percentage of students that say they have attempted suicide.

Number of Youth Suicides

There were 11 suicides of youth ages 15-19 in 2002 in San

Diego County. This suicide number is relatively small; therefore, calculating a rate to monitor overall health and well-being would be potentially misleading. Decreases and increases over time generally would not be truly statistically significant.

## San Diego County Rate & Number

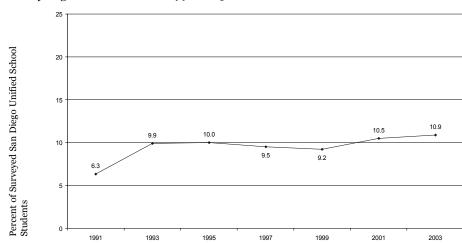
Percent of Surveyed San Diego Unified Students Who Reported They Attempted Suicide in the Past Year

The percent of surveyed students in 2003 who reported they had attempted suicide at least once in the past year was 10.9. The Centers for Disease Control (CDC)'s Youth Risk Behavior Survey is only administered to high school students in the San Diego Unified School District.

The data presented below on youths reporting suicide attempts came from the Youth Risk Behavior Survey which is conducted every two years with a random sample of approxi-

### SAN DIEGO COUNTY MEASURE BY TREND

Percent of Surveyed Students that Reported a Suicide Attempt Among San Diego City High School Students: 1991-2003



Percent San Diego Unified School District Students that Reported Attempting Suicide Remains about the Same, Higher than the National Rate

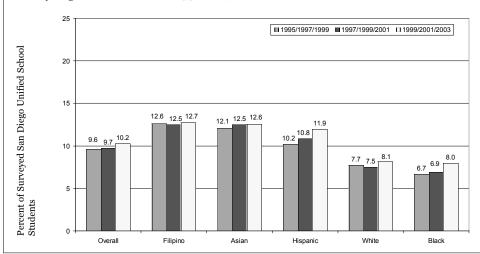
## 2003 COMPARISON DATA

San Diego Unified 10.9% California NA United States 8.5%

Source: Centers for Disease Control and Prevention, Youth Risk Behavior Survey.

## SAN DIEGO COUNTY MEASURE BY RACE/ETHNICITY

Percent of Surveyed Students that Reported a Suicide Attempt Among San Diego City High School Students: 1991-2003



Filipino and Asian Students Reported the Highest Rates of Attempted Suicide Among San Diego City High School Students

**Source:** Centers for Disease Control and Prevention, Youth Risk Behavior Survey.

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mately 1,800 9th to 12th grade students in San Diego Unified School District. Seventy-eight percent of those requested to participate did so. The survey requires parental permission and is self-administered, private, anonymous and voluntary.

Rate of Youth Hospitalized for Self-Inflicted Non-Fatal Injuries

The rate of hospitalizations per 10,000 youth ages 13 - 18 for self-inflicted, nonfatal injuries was 9.5 or 236 hospitalizations in 2002. Although every self-inflicted injury reported here might not have been a youth attempting suicide, according to the California Department of Health Services, a nonfatal self-inflicted injury is often considered a suicide attempt. Causes of the self-inflicted non-fatal injuries reported here include cuts and piercing, firearms, hanging, jumping, and poisoning.

## San Diego County Measure by Race/Ethnicity

Rates were not calculated by race/ethnicity because of the small number of hospitalizations within each race/ethnic group.

## San Diego County Measure by Region

No geographic data were available.

1992

1993

- 4. Percents of Youth Who Reported Substance Use
  - cigarette use
  - · alcohol use
  - marijuana use

Why are the percents of substance use by youth important?

The main threats to adolescents' current and long-term health and well-being are their health risk behaviors. Three of the most common, as well as serious, health risk behaviors are the use of signments, sleebel and marijuane. Youth substance

the most common, as well as serious, health risk behaviors are the use of cigarettes, alcohol and marijuana. Youth substance use correlates with poor school performance, antisocial behavior and interpersonal problems with peers and parents.<sup>6</sup>

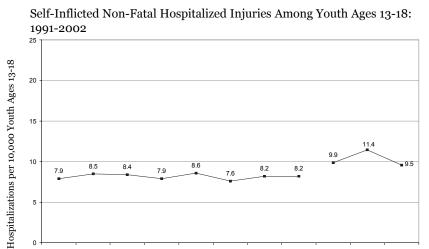
Cigarette and marijuana use are defined as smoking cigarettes or marijuana on one or more of the past 30 days. Alcohol use is defined as having had at least one drink of alcohol on one or more of the past 30 days.

The data presented below on youths reporting substance use came from the California Healthy Kids Survey which is conducted every two years with a sample of more than 20,000 students in school districts throughout in San Diego County.

## San Diego County Rate & Number

In 2003, 11.4% of surveyed San Diego County students reported smoking a cigarette, 28.9% reported alcohol use, and 13.4% reported marijuana use in the past 30 days.

## SAN DIEGO COUNTY MEASURE BY TREND



Rate of Self-Inflicted, Nonfatal Hospitalized Injuries Increased Notably

## 2002 COMPARISON DATA

San Diego County 9.5
California 9.1
United States NA

**Note:** Prior to 2000, a single set of codes were used to track both fatal and nonfatal causes of injury. Beginning in 2000, a separate set of codes are being used to track deaths while hospitalizations were tracked using the original set of codes. This may explain changes in the rates from years prior to 2000 and rates for 2000 and later.

**Source:** California Office of Statewide Health Planning and Development, Patient Discharge Data obtained from the Epidemiology and Prevention for Injury Control branch of the California Department of Health Services.

## SAN DIEGO COUNTY MEASURE BY TREND

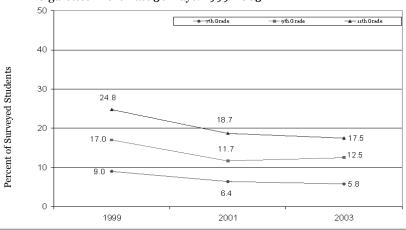
1995

1996

1994

Percent of Surveyed Students (Grades 7,9,11) Who Reported Smoking Cigarettes in the Past 30 Days: 1999-2003

1998



Rate of Students Reporting Cigarette Smoking Declined Significantly for all Grades

### NO COMPARISON DATA AVAILABLE

San Diego (2003) (three-grade average)

California NA

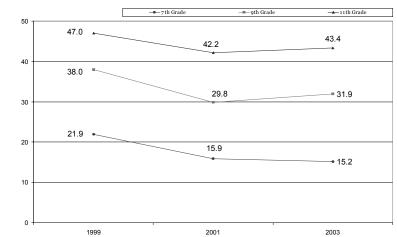
United States NA

Source: San Diego County Office of Education, Safe Schools Unit's Analysis of the 2003 California Healthy Kids Survey Results for San Diego County.

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## SAN DIEGO COUNTY MEASURE BY TREND Percent of Surveyed Students (Grades 7, 9, 11) Who Reported Drinking

Alcohol in the Past 30 Days: 1999-2003



Significant Decrease in Reported Alcohol Use for Grades 7, 9, and

### NO COMPARISON DATA AVAILABLE

San Diego (2003)

(three-grade average)

California

NA

**United States** 

NA

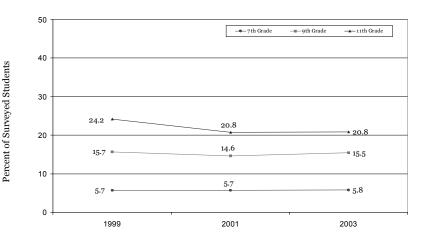
28.9%

**Source:** San Diego County Office of Education, Safe Schools Unit's Analysis of the 2003 California Healthy Kids Survey Results for San Diego County.

## SAN DIEGO COUNTY MEASURE BY TREND

Percent of Surveyed Students

Percent of Surveyed Students (Grades 7, 9, 11) Who Reported Marijuana Use in the Past 30 Days: 1999-2003



Reported Marijuana Use has Remained about the Same for 7th and 9th Graders; Significant Decrease Among 11th Graders

## NO COMPARISON DATA AVAILABLE

San Diego (2003) (three-grade average) 13.4%

NA

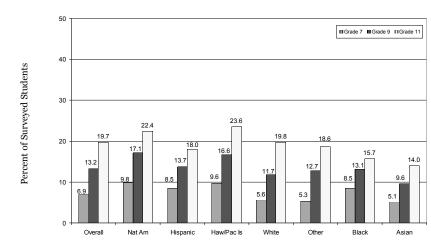
**United States** 

NA

Source: San Diego County Office of Education, Safe Schools Unit's Analysis of the 2003 California Healthy Kids Survey Results for San Diego County

## SAN DIEGO COUNTY MEASURE BY RACE/ETHNICITY

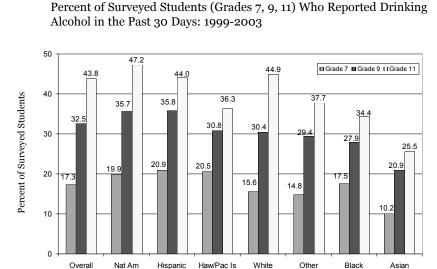
Percent of Surveyed Students (Grades 7, 9, 11) Who Reported Smoking Cigarettes in the Past 30 Days: 1999-2003



Hawaiian/Pacific Islanders and Native Americans Reported the **Highest Rates of Cigarette** Smoking in Grades 9 and 11

Source: San Diego County Office of Education, Safe Schools Unit's Analysis of the 2003 California Healthy Kids Survey Results for San Diego County.

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SAN DIEGO COUNTY MEASURE BY RACE/ETHNICITY

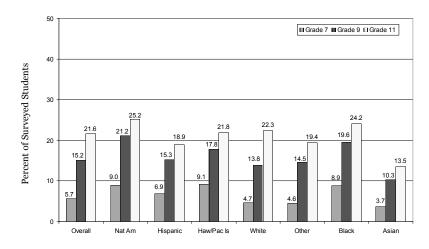
Native Americans and Hispanics Reported the Highest Rates of Alcohol Use in Grade 9

Native Americans, Whites, and Hispanics Reported the Highest Rates of Alcohol Use in Grade 11

Source: San Diego County Office of Education, Safe Schools Unit's Analysis of the 2003 California Healthy Kids Survey Results for San Diego County.

## SAN DIEGO COUNTY SCHOOL DISTRICTS MEASURE BY RACE/ETHNICITY

Percent of Surveyed Students (Grades 7, 9, 11) Who Reported Marijuana Use in the Past 30 Days: 1999-2003



Native Americans and Blacks Reported the Highest Rates of Marijuana Use in Grades 9, 11

Source: San Diego County Office of Education, Safe Schools Unit's Analysis of the 2003 California Healthy Kids Survey Results for San Diego County.

## San Diego County Measure by Region

No geographic data were available.

# 5. Percent of Households with a Child Age 1-18 that used Dental Care Services for Cavity and/or Emergency Treatment in the Past 12 Months

Why is oral health important?

Tooth decay is one of the most prevalent and untreated diseases of children. For many children, tooth decay severely interferes with eating, sleeping, speaking, learning and playing.<sup>7</sup>

The San Diego chapter of the United Way conducts an annual telephone survey of randomly selected persons living throughout San Diego County. Overall, one-sixth (16.8%) of households surveyed in 2003 with children under age 18 indicated their children had not received any dental care services during the past 12 months.

### San Diego County Rate & Number

Of the surveyed households with children under age 18, 37.3% indicated they had used dental services within the past 12 months for the purpose of cavity and/or emergency dental treatment for their child. In 2002, 27.4% reported the same but it too early to report a trend. Dental treatment provided to address cavities and/or emergencies reflects treatment for dental disease and are not reasons related to preventive care, such as regular check-ups or cleaning. No State/national comparison data were available.

## San Diego County Measure by Race/Ethnicity

Race/ethnicity data are not reported.

### San Diego County Measure by Region

Geographic data are not reported.

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## APPROPRIATE ACCESS TO SERVICES

Having access to childcare and health care services is critical to the overall well-being of our community. In the U.S. in 2003 it was estimated that 58% of mothers with children under 6 years old, and 74% of mothers with children between the ages of 6 and 17 were employed. Many of these families need childcare. All children need access to health insurance coverage and appropriate health services, like immunizations.

## The three Appropriate Access to Services Measures used in the Report Card are:

- 1. Access to Childcare
- 2. Percent of Young Children Who Are Adequately Immunized
- 3. Percent of Children and Youth with Health Insurance

## 1. Access to Childcare

Why is access to childcare important?

The availability of childcare is one of the critical success factors for families in both getting and keeping jobs. Low-income families face particular challenges in obtaining quality childcare that is affordable.<sup>9</sup>

This measure reports the percentage of households with children age 12 and younger that were able to get all the childcare needed during the past 12 months. The San Diego chapter of the United Way conducts an annual telephone survey of randomly selected persons living throughout San Diego County. Respondents were asked to describe their childcare needs during the day, before and after school, or in the evening while the parent or guardian is at work or school, excluding babysitting needed for fun or social activities.

## San Diego County Rate & Number

Of the households with children ages 0-12 that participated in the 2003 United Way survey, 75.5% reported they were able to access all childcare they needed within the past 12 months.

## 2. Percent of Young Children Who Are Adequately Immunized

Why is the percent of young children immunized important?

One of the best known, simplest and most effective ways to keep children healthy is to immunize them. Young children are particularly vulnerable to vaccine-preventable diseases if their shots are not kept up-to-date.

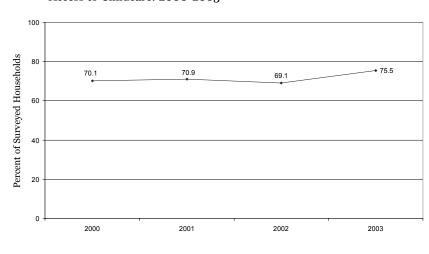
This measure represents the percent of children ages 19 - 36 months who are adequately immunized for their age and is based on Countywide survey data. The measure is specific to the 4:3:1 series (DTP, Polio, MMR/MCV) that the child should have completed. Two different surveys were conducted to estimate the percent of children adequately immunized. The HHSA San Diego Immunization Program did one survey and the federal Centers for Disease Control and Prevention (CDC) did the other. The HHSA survey was not conducted in 2001 due to funding constraints.

## San Diego County Rate & Number

Based on the CDC survey, in 2003, 83.1% of young children (age 19 - 36 months) were adequately immunized for their age. Based on the HHSA San Diego Immunization Program Survey, in 2003, 88.9% of young children were adequately immunized for their age.

### SAN DIEGO COUNTY MEASURE BY TREND

Percent of Households with Children ages 0-12 that Reported Adequate Access to Childcare: 2000-2003



Percent of Households Reporting Adequate Access to Childcare has Remained about the Same

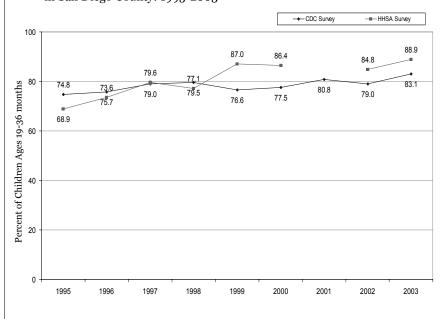
## NO COMPARISON DATA AVAILABLE

San Diego County (2003) 75.5%
California NA
United States NA

**Source:** San Diego County Health and Human Services Agency, Public Health Services, Community Epidemiology analysis of the results from the United Way Outcomes & Community Impact Program's 2003 Survey.

## SAN DIEGO COUNTY MEASURE BY TREND

Percent of Young Children Who Are Adequately Immunized in San Diego County: 1995-2003



Immunization Rates have Increased Notably, based on the CDC Survey

## NO COMPARISON HHSA SURVEY DATA

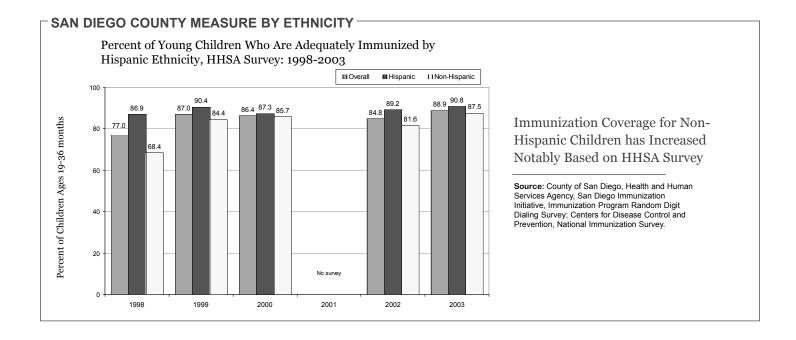
San Diego County (2003) 88.9%
California NA
United States NA

## 2003 COMPARISON CDC SURVEY DATA

San Diego County 83.1%
California 81.2%
United States 82.2%

Note: Both sources of data are for infants ages 19-36 months who have been immunized for the series 4-DTP, 3-Polio, 1-MMR/MCV. The CDC changed its statistical methodology for estimating vaccination coverage rates in 1998; an HHSA Survey was not conducted in 2001 due to funding constraints.

Source: HHSA Survey: County of San Diego, Health and Human Services Agency, San Diego Immunization Initiative, Immunization Random Digit Dialing Survey; CDC Survey: Centers for Disease Control and Prevention, National immunization Survey



## San Diego County Measure by Region

No geographic data were available.

## 3. Percent of Children and Youth with Health Insurance

Why is the percent of children and youth with health insurance important?

Having health insurance is one of the best predictors of having access to medical care. In general, compared to children with health insurance, uninsured children are less likely to have a usual source of medical care and are less likely to receive the preventive and acute health care services that they need. 10

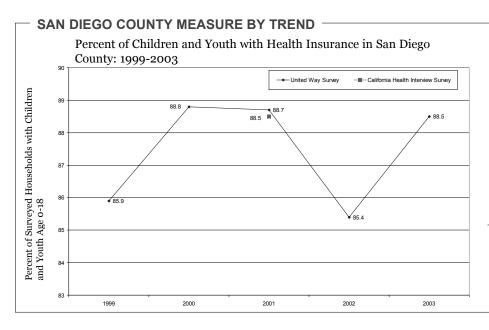
Please note that the information presented below is based on data collected by two different organizations that used different surveys conducted over different time periods.

## San Diego County Rate & Number

Two sources of data are used for this measure. The San

Diego chapter of the United Way conducts an annual telephone survey of randomly selected persons living throughout San Diego County. Based on data from this survey, 88.5% of respondents reported that all the children ages 0-18 living in their household were currently covered by health insurance. United Way estimates that this is equivalent to 700,631 children. Both the race/ethnicity specific data and geographic data presented below are based on data from the 2003 United Way survey.

The California Health Interview Survey (CHIS) is conducted biennially statewide by the University of California at Los Angeles (UCLA) and asks respondents about health insurance coverage at the time of the interview. The first year these data were collected was 2001. Results from the 2003 were not available for this publication. In 2001, the CHIS found 88.5% of children ages 0-17 had health insurance coverage. Based on Census 2000 population data, this is estimated to be 640,440 children and youth.



### Remained about the Same

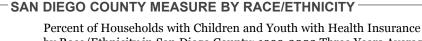
### 2001 COMPARISON CHIS DATA

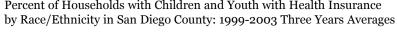
San Diego County 88.5% California 90.4% **United States** NA

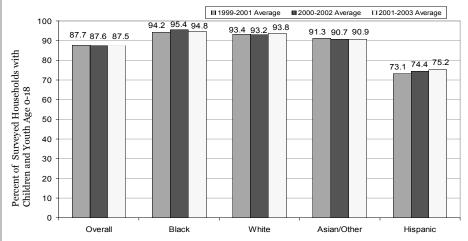
#### NO COMPARISON UNITED WAY SURVEY

San Diego County (2003) 88.5% California NA **United States** NA

Note: The CA Health Interview survey (CHIS) was first conducted in 2001. Results for 2003 were not available. Source: San Diego County Health and Human Services Agency, Public Health Services, Community Epidemiology analysis of the results from the United Way Outcomes & Community Impact Program's 2003 Survey; University of California at Los Angeles, Center for Health Policy Research, California Health Interview Survey







## Significantly Fewer Hispanic Children and Youth Had Health Insurance

Source: San Diego County Health and Human Services Agency, Public Health Services, Community Epidemiology analysis of the results from the United Way Outcomes & Community Impact Program's 2003 Survey

## PERCENT OF HOUSEHOLDS WITH CHILDREN AND YOUTH WITH HEALTH INSURANCE BY HEALTH AND HUMAN SERVICES AGENCY REGIONAL AREAS: 2000-2003 THREE YEAR AVERAGE



Estimated Percent of Households with Insured Children in Each Region

Overa	II County	Rate	87.5%
	78.9%	Central	
	85.2%	South	
	88.5%	North Inland	d
	89.0%	North Coast	al
	89.5%	East	
	94.0%	North Centr	al

Note: Includes insurance provided by employer, purchased privately, Medi-Cal, Healthy Families, Medicare, or Champus. Source: San Diego County Health and Human Services Agency, Public Health Services, Community Epidemiology analysis of the results from the United Way Outcomes & Community Impact Program's 2003 Survey



## A SAFE ENVIRONMENT

The safety of a community is an important element of the health and well-being of its residents. Safety includes protection from both physical and emotional harm and extends from within the home into the community.

Children who are exposed to, or who are victims of violence, other abuse or neglect "often experience problems down the road involving juvenile crime, poor academic performance, drug and alcohol abuse, domestic violence and other social ills." In addition, children are especially vulnerable to unintentional injuries, the leading cause of death for children and youth under age 18.

## The five measures of A Safe Environment used in the Report Card are:

- 1. Rate of Substantiated Cases of Child Abuse/Neglect
- 2. Rate of Domestic Violence Reports
- 3. Rate of Court Cases Filed Against Youth Offenders
- **4.** Rates of Violent Crime Victimization of Children and Youth
- **5.** Rates of Unintentional Injuries and Unintentional Injury Deaths in Children and Youth
  - overall
  - · due to alcohol-related motor vehicle crashes

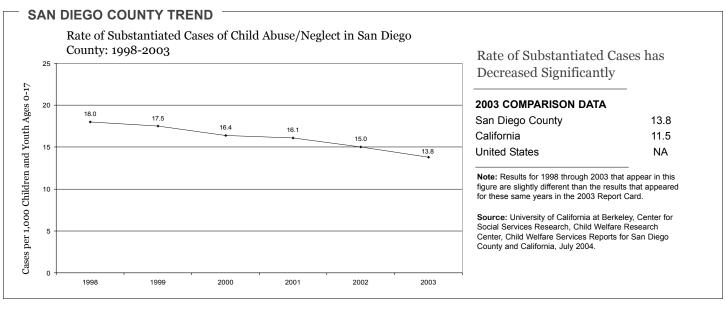
1. Rate of Substantiated Cases of Child Abuse/Neglect Why is the rate of substantiated child abuse/neglect cases important?

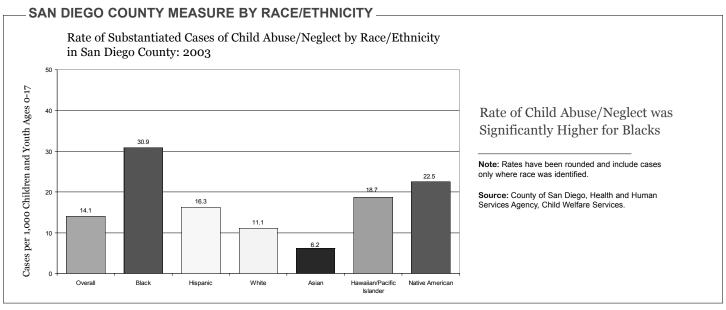
Child abuse/neglect in a family often reflects a variety of underlying problems in the family. It correlates with "poverty, having children at too early an age, drug or alcohol abuse by the parents, a lack of childcare or supervision for the children and a lack of community support for the parents."

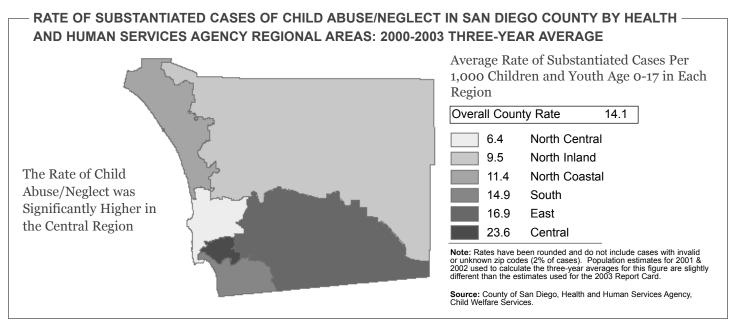
A child abuse/neglect case is considered to be a "substantiated referral" where a social worker has investigated a report and determines that some type of abuse/neglect did occur.

### San Diego County Rate & Number

In 2003, the rate of substantiated cases was 13.8 per 1,000 children ages 0-17; the number of cases was 10,438. Starting in late 1999, the criteria for substantiated child abuse/neglect cases were narrowed, meaning more evidence was required for a report to be considered substantiated. This likely explains much of the decrease seen in cases between 2000 and the two previous years.







## 2. Rate of Domestic Violence Reports

Why is the rate of domestic violence reports to law enforcement important?

A healthy community starts with safe homes. The victims of domestic violence are often women with children in the home. Children who witness domestic violence suffer intense stress and develop problems as noted in the introduction to this section. Domestic violence in families correlates with families having very low income, children in the families being abused and use of alcohol or drugs by the perpetrators." Domestic violence is defined as an actual or threatened act of physical or sexual violence, or psychological/emotional abuse where the perpetrator and victim have

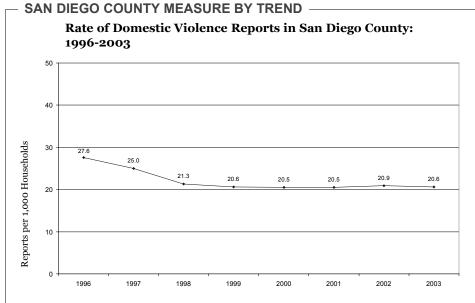
a current or discontinued relationship to each other. For example the victim is a spouse, girlfriend, boyfriend, cohabitant or other intimate partner.

## San Diego County Rate & Number

In 2003, there were 20.6 reports of domestic violence per 1,000 households; the number of reports was 21,272.

## San Diego County Measure by Race/Ethnicity

No race/ethnicity data were available.



Rate has Remained about the Same Since 1999

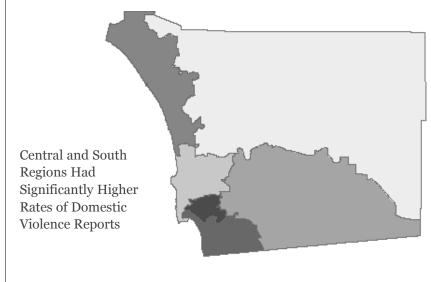
#### NO COMPARISON DATA AVAILABLE

San Diego County (2003) 20.6
California NA
United States NA

Note: Results for 2001 and 2002 that appear in this figure are slightly different than the results that appeared for these same years in the 2003 Report Card due to a revised estimate of the number of households in San Diego County.

Source: San Diego County, Health and Human Services Agency, Strategy and Planning Division analysis of data obtained from Automated Regional Justice Information System (ARJIS) with the assistance of the San Diego County District Attorney's Office; Population estimates from SANDAG.

## RATE OF DOMESTIC VIOLENCE REPORTS IN SAN DIEGO COUNTY BY HEALTH AND HUMAN SERVICES AGENCY REGIONAL AREAS 2001-2003 THREE YEAR AVERAGE



Average Rate of Domestic Violence Reports per 1,000 Households in each Region

Overa	all Cour	ity Rate	20.6		
	12.8	North Inla	nd		
	13.7	North Cer	ntral		
	16.9	East			
	17.3	North Coa	astal		
	28.5	South			
	34.5	Central			
Note: Bates represent law enforcement reports of de					

**Note:** Rates represent law-enforcement reports of domestic violence incidents. Rates do not include reports with invalid zip codes (less than 1% of reports). Rates for 2001-03 are based on revised estimates of the number of households per Region for 2001 and 2002, but this change does not notably affect trends.

**Source:** San Diego County, Health and Human Services Agency, Strategy and Planning Division analysis of data obtained from Automated Regional Justice Information System (ARJIS) with the assistance of the San Diego County District Attorney's Office; Population estimates from SANDAG.

## **3. Rate of Court Cases Filed Against Youth Offenders** *Why is the rate of court cases filed against youth important?*

Juvenile crime affects not only youth, but creates an unsafe environment for the entire community. Juvenile crime correlates with the presence of poverty, child abuse and neglect, exposure to violence, and lack of parental monitoring.<sup>4</sup>

One way to measure juvenile crime is to look at the number of cases involving youth ages 10-17 which are filed in court. The types of offenses reported below are felonies, misdemeanors, and other offenses (e.g. violation of probation, curfew violation, and truancy).

### San Diego County Rate and Number

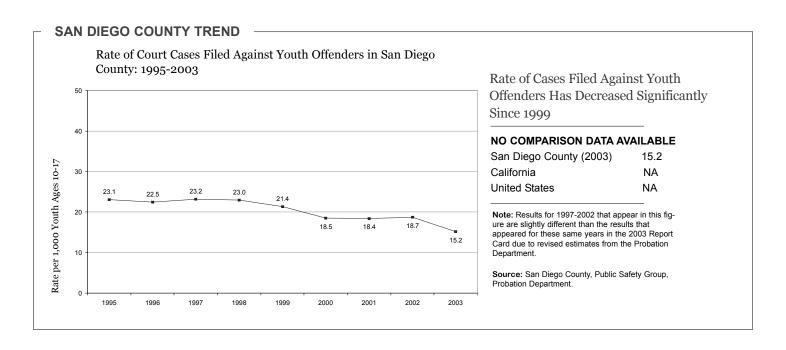
In 2003, the rate of cases filed in court was 15.2 per 1,000 children and youth ages 10-17; the number of cases filed was 5,200.

## San Diego County Measure by Race/Ethnicity

No race/ethnicity data were available for 2003. Rates by race/ethnicity are available for 1998-2002 in the 2003 Report Card.

### San Diego County Measure by Region

No geographic data were available for 2003. Rates by geographic region are available for 2000-2002 in the 2003 Report Card.



## 4. Rates of Violent Crime Victimization of Children and Youth

- children ages 0-11
- youth ages 12-17

Why are the rates of violent crime victimization important?

Violent crime victimization of a child or youth is a very disturbing event. This measure includes the violent crimes of homicide, rape, sexual assault, aggravated assault and robbery (by force or threat). The data presented below is for two different age groups: children 0-11 and youth 12-17. The numbers for children are much smaller and the circumstances of the crime are different; usually the perpetrator is an adult family member or caretaker. For youth, the numbers are larger and the perpetrator generally is another youth whom they know. There were 12 homicide victims ages 0-17 in 2003.

## San Diego County Rates & Numbers

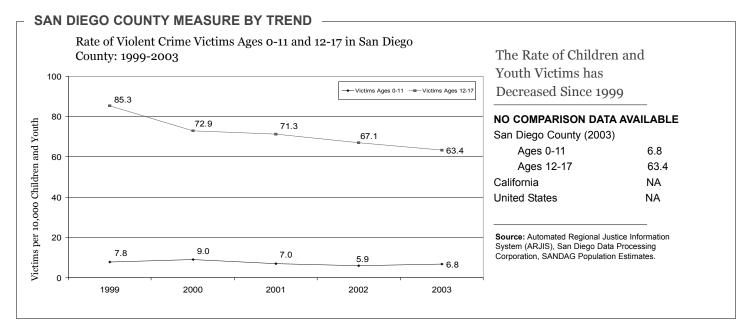
In 2003, there were 6.8 victims of violent crime per 10,000 children ages 0-11 and 63.4 per 10,000 youth ages 12-17. This represents a total of 1,958 victims ages 0-17.

### San Diego County Measure by Race/Ethnicity

No race/ethnicity data were available.

### San Diego County Measure by Region

No geographic data were available.



## 5. Rates of Unintentional Injury Hospitalizations and Deaths of Children and Youth

- · Overall unintentional injury hospitalizations and deaths
- Injuries or deaths due to alcohol-related motor vehicle crashes

Why are the rates of overall unintentional injuries/deaths and alcohol-related motor vehicle crash injuries/deaths important?

The most common types of accidents that result in hospitalized injuries, or deaths due to unintentional injuries, include motor vehicle crashes, drowning, suffocation, fire, and poisoning. Many more unintentional injuries do not result in death but are costly in terms of suffering and short-term and long-term disability. Most of these injuries are preventable.

Alcohol-related motor vehicle crash injuries reflect not only a very preventable type of injury, but also may gauge the level of alcohol and drug abuse in the community. Often, fatal crashes involving teenage drivers are found to be alcohol or drug-related. The Highway Patrol and other law enforcement agencies record information about injuries.

### San Diego County Rates & Numbers

In 2002, 318.5 per 100,000 children ages 0-18 died or were hospitalized as a result of unintentional injuries. There were 2,434 hospitalizations and 53 deaths.

In 2002, the rate for injuries, as reported by law enforcement, or deaths due to driving while under the influence of alcohol was 22.7 per 100,000 children ages 0-15 and 231.3 per 100,000 youth ages 16-20. These rates represent a total 149 injuries and deaths for children (age 0-15) and 513 injuries and deaths for youth (age 16-20) related to driving under the influence.

### San Diego County Measure by Race/Ethnicity

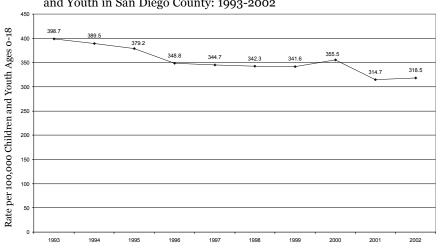
No race/ethnicity data were available for alcohol-related motor vehicles injuries and deaths.

## San Diego Measure by Region

No geographic data were available for unintentional injury hospitalizations and deaths.

## SAN DIEGO COUNTY MEASURE BY TREND

Rate of Unintentional Injury Hospitalizations and Deaths of Children and Youth in San Diego County: 1993-2002



Rate of Unintentional Injury Hospitalizations and Deaths has Decreased Notably Since 1998

#### 2002 COMPARISON DATA

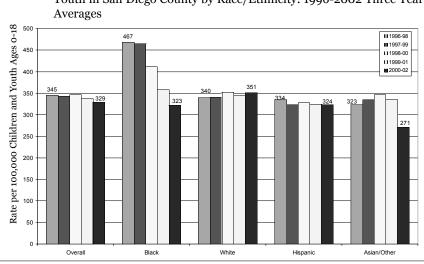
San Diego County 318.5
California 277.7
United States NA

**Note:** Results that appear in this figure are slightly different than the results that appeared for year prior to 1999 in the 2003 Report Card due to revised estimates from Emergency Medical Services.

**Source:** County of San Diego, Public Health Services, Emergency Medical Services.

## SAN DIEGO COUNTY MEASURE BY RACE/ETHNICITY -

Rate of Unintentional Hospitalized Injuries and Deaths in Children and Youth in San Diego County by Race/Ethnicity: 1996-2002 Three Year Averages



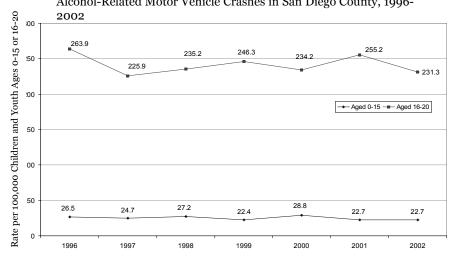
Unintentional Injury Hospitalizations and Deaths Have Decreased Significantly for Blacks, Hispanics, and Asian/Other

**Note:** Previous years data are not included because of a change in the categories used in race/ethnicity.

**Source:** County of San Diego, Public Health Services, Emergency Medical Services

## SAN DIEGO COUNTY MEASURE BY TREND

Rate of Children and Youth Aged 0-15 and 16-20 Injured or Killed in Alcohol-Related Motor Vehicle Crashes in San Diego County, 1996-

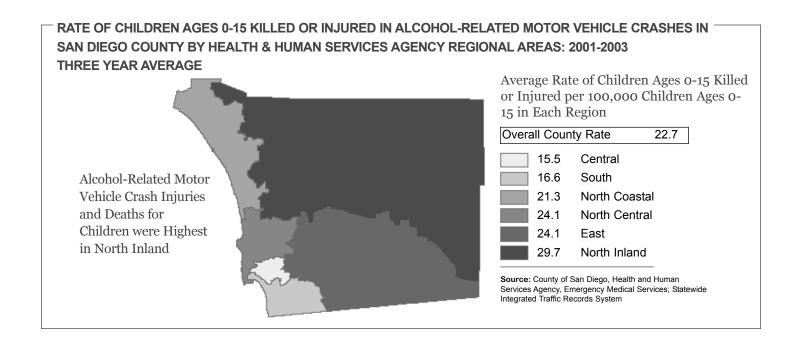


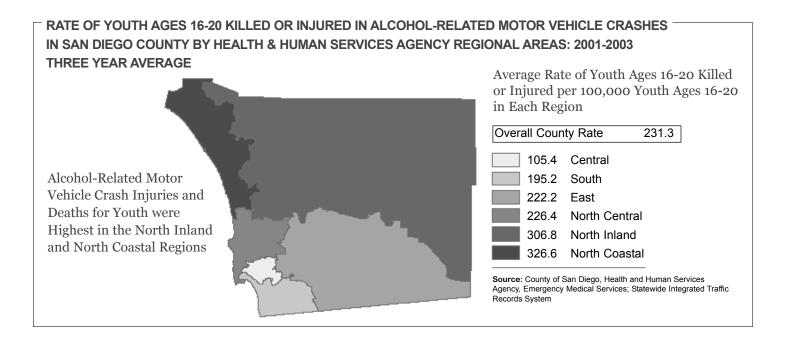
Since 1998, Alcohol-Related Motor Vehicle Injuries and Deaths have Decreased Notably for Children (Age 0-15) but Remained about the Same for Youth (Age 16-20)

## 2002 COMPARISON DATA

	Ages 0-15	Ages 16-20
San Diego County	22.7	231.3
California	25.3	216.5
United States	NA	NA

**Source**: County of San Diego, Health and Human Services Agency, Emergency Medical Services; Statewide Integrated Traffic Records System







## **EDUCATIONAL ACHIEVEMENT**

Educating children is one of the most important tasks we do as a community. Educational achievement reflects many aspects of a child's well-being. School problems correlate with poverty, dysfunctional families, substance abuse, behavior problems, early sexual activity and pregnancy. In the 2002/03 school year, 42% of students in San Diego County public schools were enrolled in the free and reduced price meal program. Families with incomes below 185% of the federal poverty level qualify for this progran, which was \$34,040 per year for a family of four in the 2003 guidelines.

## The four measures of Educational Achievement used in the Report Card are:

- 1. Percent of Students Attending School Per Day
- 2. Rate of High School Seniors Who Graduate Annually
- Percent of Students Scoring Proficient or Advanced on the English Language Arts Test of the California

- Standards Tests (for Grades 3, 8 and 11)
- **4.** Percent of Public School Seniors Who Have Taken the SAT (College Entrance Test)
- **1. Percent of Students Attending School Per Day**Why is the percent of students attending per day important?

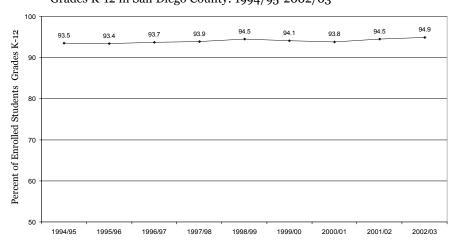
Regular school attendance helps to promote a student's likelihood of academic achievement. Students with attendance problems are more likely to drop out of school before graduating.

### San Diego County Rate & Number

The average rate of students attending school per day in San Diego County public schools, grades K-12, for the 2002/03 school year was 94.9%. This is estimated to be 474,300 students in attendance per day. This means on average each day about one child will be absent in a typical classroom of 20 students.

## SAN DIEGO COUNTY MEASURE BY TREND

Percent of Public School Students Attending School Per Day Grades K-12 in San Diego County: 1994/95-2002/03



Percent Attending Public School Daily Increased Significantly

## NO COMPARISON DATA AVAILABLE

San Diego County (2002/03) 94.9%
California NA
United States NA

**Source:** California Department of Education, Education Demographics Unit; San Diego County Office of Education, Business Services Division.

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## San Diego County Measure By Race/Ethnicity

No race/ethnic data were available.

## San Diego County Measure by Region

No geographic data were available.

## 2. Rate High Seniors Who Graudate Annually

Why is the rate of high school seniors who graduate each year important?

An incomplete education compromises a young person's future economic success and well-being. Dropping out of high school correlates with families who have lower incomes. The graduation rate is used under federal law, in addition to tested achievement, to hold high schools accountable for students' academic performance.

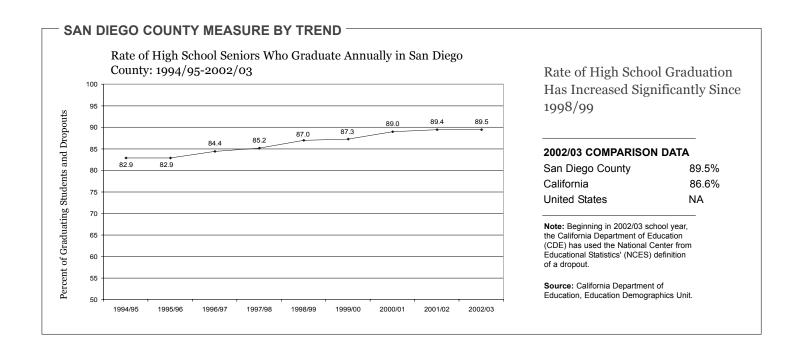
The graduation rate is calculated by dividing the number of high school graduates for a given school year by the sum of the number of students who dropped out of school during the previous four school years and the number of graduates for the given school year. The U.S. Department of Education defines a graduate as a person who receives a diploma in the given school year or the summer following that year. The term graduate does not include students earning high school completion equivalencies (California High School Proficiency Examination or receiving a General Educational Development certificate). A dropout is defined as a student who was enrolled in grade 9, 10, 11 or 12 at a public school some time during the previous school year and left prior to completion of high school and has not returned, or did not enroll in the next grade to which they were assigned/expected to attend. A student is not considered a dropout if the student has transferred to another public school, enrolled in a private school, attending college, moved out of the United States, or has died.

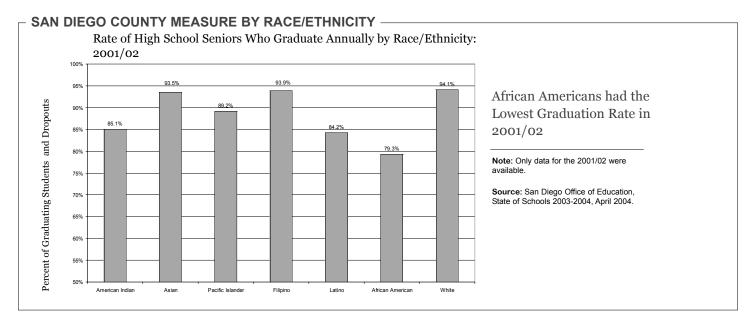
## San Diego County Rate and Number

In the 2002/03 school year, the graduation rate was 89.5%; the number of high school graduates was 28,658 and the number of dropouts for the graduating class was 3,371.

## San Diego Measure by Region

No geographic data were available.





3. Percent of Public School Students Taking the English Language Arts Test of the California Standards Test that Scored Proficient or Advanced (for Grades 3, 8 and 11)

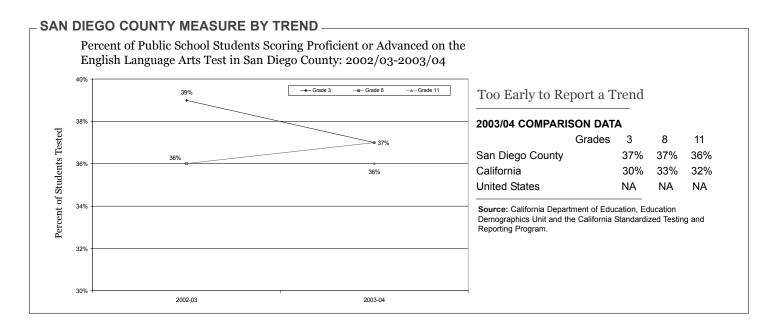
Why is the percent of students scoring proficient or advanced important?

Reading and writing are two of the most important skills needed to do well in life. There are many factors, which determine a child's ability to read; these include the child's physical and mental health, family support, language, and schooling. About 24% of students in San Diego County public schools are "English Language Learners," meaning they have limited English abilities.

Tested achievement is one of the primary measures used to hold public schools accountable for students' academic performance. The California Department of Education relies primarily on the California Standards Tests to assess student academic achievement. These tests are administered to students in California public schools and assess students' performance on California's Academic Content Standards. This measure reports the percent of students who scored proficient or advanced on the English Language Arts test, one of the California Standards Tests.

## San Diego County Rate & Number

In the 2003/04 school year, 37% of 3rd grade students, 37% of 8th grade students, and 36% of 11th grade students in San Diego County scored proficient or advanced on the English Language Arts test of the California Standards Tests. This is estimated to be 13,802, 14,468 and 11,489 students respectively.



## SAN DIEGO COUNTY MEASURE BY RACE/ETHNICITY Percent of Public School Students Scoring Proficient or Advanced on the English Language Arts Test by Race/Ethnicity: 2002/03-2003/04 Two Year Average 100 Hispanic/Latinos and African ☐Grade 11 Americans Had the Lowest Percentage of Students Scoring Percent of Students Tested Proficient or Advanced Source: California Department of Education, Standardized Testing and 45 Reporting Program 34

## **4.** Percent of Public School Seniors Who Have Taken the SAT (College Entrance Test)

Pacific Islander

Filipino

Why is the percent that have taken the SAT important?

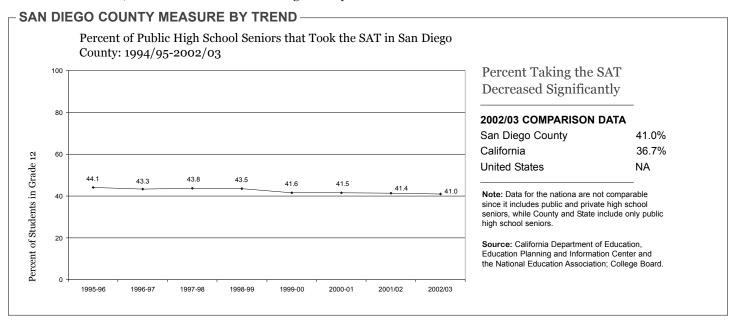
American Indian

The Scholastic Assessment Test (SAT) is one measure of a student's academic achievement and helps gauge the number of students who are college bound. Similarly, the scores of students are also important in predicting future success. From the SAT students are assessed on their Math and Verbal ability. Each section presents a score out of a possible 800 points, combined for a maximum total of 1,600. Those students in San Diego County

public school students who took the test had an average total score of 1,028, California had 1,012, and the national average was 1,026. Data presented below are for public schools in San Diego County.

## San Diego County Rate & Number

The percent of public school seniors in the 2002/03 school year who had taken the SAT was 41.0%, or 13,036 seniors out of 31,811 students.



### San Diego County Measure by Race/Ethnicity

No race/ethnic data are presented.13

### San Diego County Measure by Region

No geographic data were available.



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## **DEFINITIONS & DATA SOURCES**

### **ECONOMIC SECURITY**

**1. Percent Unemployed**: Average percent of the civilian labor force that is unemployed per year.

**Sources**: United States Department of Labor, Bureau of Labor Statistics. More recent estimates may be available at: <a href="https://www.bls.gov/">www.bls.gov/</a>. California Employment Development Department: <a href="https://www.calmis.cahwnet.gov/">www.calmis.cahwnet.gov/</a>.

**2. Percent of Children and Youth Living in Poverty**: Percent of children under age 18 living below the federal poverty level.

**Sources**: U.S. Census Bureau, 1993-2000 estimates from the Small Area Income & Poverty Estimates Branch and 2001, 2002 & 2003 estimates from the American Community Survey Branch. More recent estimates may be available at <a href="https://www.census.gov.">www.census.gov.</a>

## 3. Rate of Children and Youth Receiving CalWORKs

**Assistance**: Average monthly number of children ages 0-17 that are receiving CalWORKs (public assistance) per 1,000 children ages 0-17 per state fiscal year.

Sources: County of San Diego, Health and Human Services Agency, Regional Program Support Division analysis of data provided by the State of California, Department of Social Services, Research and Development Division. County of San Diego, Health and Human Services Agency, Strategy and Planning Division analysis of (1) San Diego County population data provided by SANDAG and (2) California population estimates obtained from the U.S. Census Bureau, Population Estimates Branch, State Estimate By Demographic Characteristics - Age, Sex, Race, and Hispanic Origin Vintage 2003 (July 1, 2000 through July 1, 2003) Files. U.S. Census population estimates are available at <a href="https://www.census.gov">www.census.gov</a>.

### GOOD HEALTH

**1. Percent of Babies with Low Birthweight:** Annual percent of live born infants weighing less than 2,500 grams (5 1/2 lbs.) at birth.

Sources: County of San Diego, Health and Human Services Agency, Public Health Services. Maternal, Child and Family Health Services' analysis of data provided by the State of California, Department of Health Services, Center for Health Statistics, Vital Statistics Section, Birth Statistical Master Files; National Center for Health Statistics. Selected data are available on the Internet from the California Department of Health Services' Center for Health Statistics at <a href="https://www.dhs.ca.gov/hisp/chs/default.htm">www.dhs.ca.gov/hisp/chs/default.htm</a>.

**2. Rate of Births to Teens**: Number of births to teenagers 15-17 years old per 1,000 females ages 15-17 per year.

Sources: County of San Diego, Health and Human Services Agency, Public Health Services. Maternal, Child & Family Health Services' analysis of data provided by the State of California, Department of Health Services, Center for Health Statistics, Vital Statistics Section, Birth Statistical Master Files. Selected data are available on the Internet from the California Department of Health Services' Center for Health Statistics at <a href="https://www.dhs.ca.gov/hisp/chs/default.htm">www.dhs.ca.gov/hisp/chs/default.htm</a>.

**3. Percent of San Diego Unified School District Youth Who Reported They Attempted Suicide**: Percent of 9-12 grade students surveyed that reported an attempted suicide one or more times during the past 12 months.

**Source:** San Diego City Schools, Educational Services Division, Comprehensive Health, Physical Education, and Wellness; Centers for Disease Control and Prevention, Youth Risk Behavior Survey. Additional results from the CDC's Youth Risk Behavior Survey (1995-2003) are available on the Internet at <a href="https://www.cdc.gov/yrbs">www.cdc.gov/yrbs</a>.

**4. Rate of Youth Hospitalized for Self-Inflicted Injuries**: The rate of youth (ages 13-18 years) hospitalized for self-inflicted, non-fatal injuries.

**Source**: California Department of Health Services, Epidemiology and Prevention for Injury Control branch. Additional data on fatal and non-fatal injuries in California from the EPIC branch are available on the Internet at <a href="https://www.applications.dhs.ca.gov/epicdata/default.htm">www.applications.dhs.ca.gov/epicdata/default.htm</a>.

**5. Percent of Youth that Reported Cigarette Use**: Percent of high school students surveyed who reported they smoked cigarettes on one or more of the past 30 days.

**Source**: San Diego County Office of Education, Safe Schools Unit's Analysis of the 2003 California Healthy Kids Survey Results for San Diego County.

**6. Percent of Youth that Reported Alcohol Use**: Percent of high school students surveyed that reported they had 1 or more drinks of alcohol on one or more of the past 30 days.

**Source**: San Diego County Office of Education, Safe Schools Unit's Analysis of the 2003 California Healthy Kids Survey Results for San Diego County.

**7. Percent of Youth that Reported Marijuana Use:** Percent of high school students surveyed who reported they had used marijuana one or more times during the past 30 days.

**Source**: San Diego County Office of Education, Safe Schools Unit's Analysis of the 2003 California Healthy Kids Survey Results for San Diego County.

**8.** Percent of Households that Used Dental Services for Cavity and/or Emergency Treatment: Percent of surveyed households with a child under age 18 that reported that their child had dental treatment for cavities and/or emergency treatment during the past 12 months.

**Source:** San Diego County Health and Human Services Agency, Public Health Services, Community Epidemiology analysis of the results from the United Way Outcomes & Community Impact Program's 2003 Survey. Results for the 2003 United Way Survey available on the Internet at <a href="https://www.unitedway-sd.org/matters/reports.org">www.unitedway-sd.org/matters/reports.org</a>.

#### APPROPRIATE ACCESS TO SERVICES

1. Percent of Households with Children Under Age 12 that Reported Adequate Access to Childcare: Percent of surveyed households with children under 12 that reported a need for childcare and able to obtain all the childcare needed.

**Source:** San Diego County Health and Human Services Agency, Public Health Services, Community Epidemiology analysis of the results from the United Way Outcomes & Community Impact Program's 2003 Survey. Results for the 2003 United Way Survey available on the Internet at <a href="https://www.unitedway-sd.org/matters/reports.org">www.unitedway-sd.org/matters/reports.org</a>.

**2. Percent of Young Children Who Are Adequately Immunized (HHSA Survey):** Percent of surveyed children that were up-to-date on 4:3:1 series (DTP, Polio, MMR/MCV) between 19 and 36 months of age.

**Source:** County of San Diego, HHSA, San Diego Immunization Initiative, Immunization Random Digit Dialing Survey.

**3. Percent of Young Children Who Are Adequately Immunized (CDC Survey)**: Percent of surveyed children that were up-to-date on 4:3:1 series (DTP, Polio, MMR/MCV) between 19 and 36 months of age.

**Source:** Centers for Disease Control, National Immunization Survey. The HHSA Survey uses a larger sample size than the CDC Survey. Results from the CDC are available on the Internet from the CDC's National Immunization Program at <a href="https://www.cdc.gov/nip/">www.cdc.gov/nip/</a>.

**4. Percent of Children and Youth with Health Insurance (HHSA Survey)**: Average percent of children and youth ages 0-17 that have private or government health insurance including employment provided, privately purchased, Medicare, Healthy Families, Champus, and Medi-Cal.

**Sources**: San Diego County Health and Human Services Agency, Public Health Services, Community Epidemiology analysis of the results from the United Way Outcomes & Community Impact Program's 2003 Survey, results for the 2003 United Way Survey available on the Internet at <a href="https://www.unitedway-sd.org/matters/reports.org">www.unitedway-sd.org/matters/reports.org</a>.

**5.** Percent of Children and Youth with Health Insurance (California Health Interview Survey): Percent of surveyed households with children 0-18 reporting all children in household currently covered by medical insurance.

**Sources**: California Health Interview Survey, Center for Health Policy Research, University of California, Los Angeles. Results from the 2001 CHIS are available on the Internet at <a href="https://www.chis.ucla.edu/">www.chis.ucla.edu/</a>.

## SAFE ENVIRONMENT

**1. Rate of Substantiated Cases of Child Abuse/Neglect:** Annual number of children ages 0-17 determined by a social worker to have been a victim of child abuse/neglect per 1,000 children ages 0-17 per year.

**Source**: Needell, B., et al., Child Welfare Services Reports for San Diego County and California, July 2004 obtained from the University of California at Berkeley Center for Social Services Research website at <a href="mailto:cssr.berkeley.edu/CWSCMSreports/">cssr.berkeley.edu/CWSCMSreports/</a>; County of San Diego, Health and Human Services Agency, Children Welfare Services analysis of County data from CWS/CMS.

**2. Rate of Domestic Violence Reports**: Annual number of law enforcement responded domestic violence cases and calls per 1,000 households.

**Source**: San Diego County, Health and Human Services Agency, Strategy and Planning Division's analysis of data obtained from the Automated Regional Justice Information System (ARJIS), with the assistance of the San Diego County District Attorney's Office; Population estimates from SANDAG.

# **3.** Rate of Court Cases Filed Against Youth Offenders: Number of delinquency petitions filed in Juvenile Court per 1,000 children ages 10-17 per year.

**Source**: County of San Diego, Probation Department.

**4.** Rates of Violent Crime Victimization of Children and Youth (Ages 0-11): Number of victims of violent crimes (homicide, sexual victimization, robbery by force, and aggravated assault) per 10,000 children ages 0-11 and 12-17, respectively, per year.

**Source**: San Diego County, Health and Human Services Agency, Strategy and Planning Division analysis of data obtained from Automated Regional Justice Information System (ARJIS) with the assistance of the San Diego Data Processing Corporation and SANDAG; Population estimates from SANDAG.

**5.** Rates of Violent Crime Victimization of Children and Youth (Ages 12-17): Number of victims of violent crimes (homicide, sexual victimization, robbery by force, and aggravated assault) per 10,000 children ages 0-11 and 12-17, respectively, per year.

**Source:** San Diego County, Health and Human Services Agency, Strategy and Planning Division analysis of data obtained from Automated Regional Justice Information System (ARJIS) with the assistance of the San Diego Data Processing Corporation and SANDAG; Population estimates from SANDAG.

**6.** Rate of Unintentional Injury Hospitalizations and Deaths of Children and Youth: Number of unintentional injuries (requiring hospitalization) and deaths due to unintentional injuries among children and youth ages 0-18 per 100,000 children and youth ages 0-18 per year.

**Sources**: County of San Diego, Health and Human Services Agency, Emergency Medical Services analysis of data obtained from the: State of California, Department of Health Services, Office of Statewide Health Planning and Development, Hospital Discharge Data set; State of California, Department of Health Services, Center for Health Statistics, Vital Statistics Section, Death Statistical Master Files; State of California, Department of California Highway Patrol, Information Services Unit; Statewide Integrated Traffic Records System.

7. Rate of Injuries and Deaths Due to Alcohol-Related Motor Vehicle Crashes: The number of children and youth ages 0-15 and 16-20 killed or recorded by law enforcement as injured in motor vehicle crashes related to alcohol per 100,000 children and youth ages 0-15 and 16-20, respectively, per year. Sources: County of San Diego, Health and Human Services

Sources: County of San Diego, Health and Human Services Agency, Emergency Medical Services analysis of data obtained from the: State of California, Department of Health Services, Office of Statewide Health Planning and Development, Hospital Discharge Data set; State of California, Department of Health Services, Center for Health Statistics, Vital Statistics Section, Death Statistical Master Files; State of California, Department of California Highway Patrol, Information Services Unit; Statewide Integrated Traffic Records System.

**8.** Rate of Injuries and Deaths Due to Alcohol-Related Motor Vehicle Crashes: The number of children and youth ages 0-15 and 16-20 killed or recorded by law enforcement as

injured in motor vehicle crashes related to alcohol per 100,000 children and youth ages 0-15 and 16-20, respectively, per year.

Sources: County of San Diego, Health and Human Services Agency, Emergency Medical Services analysis of data obtained from the: State of California, Department of Health Services, Office of Statewide Health Planning and Development, Hospital Discharge Data set; State of California, Department of Health Services, Center for Health Statistics, Vital Statistics Section, Death Statistical Master Files; State of California, Department of California Highway Patrol, Information Services Unit; Statewide Integrated Traffic Records System.

### **EDUCATIONAL ACHIEVEMENT**

**1. Percent of Students Attending School Per Day**: Average percent of public school students enrolled in kindergarten through 12th grade that attend school each instructional day in one school year.

**Source:** California Department of Education, Education Demographics Unit, available on the Internet at <a href="http://data1.cde.ca.gov/dataquest">http://data1.cde.ca.gov/dataquest</a>; San Diego County Office of Education, Business Services Division, Pupil Accounting, available on the Internet at <a href="http://www.sdcoe.k12.ca.us">http://www.sdcoe.k12.ca.us</a>.

**2.** Rate of High School Seniors Who Graduate Annually: Percent of high school seniors that graduate (receive a diploma) each school year.

**Source:** California Department of Education, Educational Demographics Office, California Basic Educational Data System, available on the Internet at http://data1.cde.ca.gov/dataquest.

3, 4, & 5. Percent of Students Scoring at or Above Proficient on the English Language Arts Test of the California Standards Tests (Grades 3, 8, 11): Percent of Students Scoring at or Above Proficient on the English Language Arts Test in San Diego County: 2000/01 - 2002/03.

**Source**: California Department of Education, Standardized Testing and Reporting Program, available on the Internet at <a href="http://star.cde.ca.gov">http://star.cde.ca.gov</a>.

**6. Percent of Public High School Seniors that Have Taken the SAT (College Entrance Test)**: Percent of public high school seniors that have taken the SAT (Scholastic Assessment Test) either as a junior or senior.

**Source**: California Department of Education, Educational Demographics Office, California Basic Educational Data System, available on the Internet at <a href="http://data1.cde.ca.gov/dataquest">http://data1.cde.ca.gov/dataquest</a>.

### DEMOGRAPHIC AND POPULATION DATA

San Diego County and California Population and Race/Ethnicity Statistics.

**Sources**: County of San Diego, Health and Human Services Agency analysis of data obtained from the San Diego Association of Governments (<a href="www.sandag.gov">www.sandag.gov</a>); State of California, Department of Finance (<a href="www.dof.ca.gov">www.dof.ca.gov</a>); and the U.S. Census Bureau (<a href="www.census.gov">www.census.gov</a>).

Note: All population estimates for 2000 - 2003 have been revised to reflect the 2000 Census. However, population estimates used to calculate rates for the 1990's were not revised to reflect the results of the 2000 Census unless specifically noted.



## **ACKNOWLEDGEMENTS**

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## Please direct inquiries or feedback on the Report Card to:

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REFERENCES Report Card 2004



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